

20th Congress of the International Society of Psychosomatic Obstetrics and Gynaecology (ISPOG)

Vienna, 13-16 July 2022

# **Pandemic World**

Woman Family Society



www.ispog2022.org

# **Congress venue**

Sigmund Freud University Vienna Campus Prater, Freudplatz 1, A-1020 Vienna

Web: www.sfu.ac.at/en/

# **Congress Office**

German Society for Psychosomatic Gyn. and Obstetrics Tzschimmerstraße 30, 01309 Dresden, Germany

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# **Abstract submission**

We look forward to receiving your abstracts for free lectures on all topics of psychosomatic obstetrics and gynecology as part of the Oral Presentations of our iSPOG-Congress.

Abstract deadline: May 15, 2022

You can submit abstracts online via: www.ispog2022.org/abstract-submission/

Participation fees	Overall congress on site			Daily ticket on site		Partici-
	until April 30, 2022	until July 10, 2022	on site	Thursday or Friday	Saturday	pation Online
Doctors, Psychologists	€ 380	€ 390	€ 410	€ 190	€ 145	€ 180
Midwives, Physiotherapists, Unemployed*	€ 250	€ 260	€ 270	€ 115	€ 90	€ 115
Full-time students*	€ 50	€ 60	€ 70	€ 30	€ 20	€ 30
Social evening	€ 60					

<sup>\*</sup> Please send proof of your professional status to the convention office with your registration. (Mail: <a href="mailto:info@dgpfg.de">info@dgpfg.de</a>)

# Registration

You can find the registration form online at: <a href="https://www.ispog2022.org/registration/">www.ispog2022.org/registration/</a>.

# Wednesday July 13, 2022

17:00 - 18:00	Congress opening*
18:00 - 19:00	Opening lecture*
19:00	Get together

<sup>\*</sup> This event will be broadcast online.

Main sessions Symposia Master classes Workshops Other Events Social program

17:00-18:00

**Congress opening** 

18:00-19:00

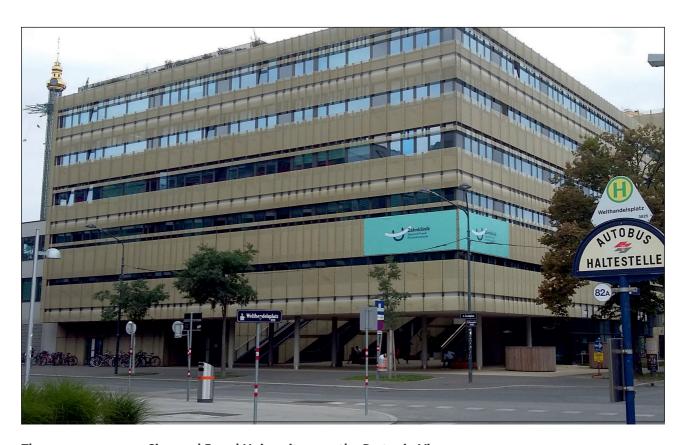
**Opening lecture** 

**Home during the Pandemics** 

Eva Illouz (IL)

19:00

**Get together** 



The congress venue, Sigmund Freud University near the Prater in Vienna

# Thursday July 14, 2022

09:00 - 10:30	Symposium 1 Research	Symposium 2 LGBT and Family	Master Class 1 Pregnancy and Sleep disorders	Commun	Workshop 1 Communicating bad news in Obstetrics		
10:30 - 11:00	Coffee break						
11:00 - 12:30	Main Session 1* (Post) Pandemic World						
12:30 - 14:00	Lunch break						
14:00 - 15:30	Symposium 3 Education and Improving psychosomatic POG worldwide	Symposium 4 Mind and hormones	Workshop 3 Counselling in Reproducti Medicine				
15:30 - 16:00	Coffee break						
16:00 - 17:30	Main Session 2* Pregnancy and Childbirth						
20:00	20:00 Town hall reception						
* This event will be broadcast online.							
Main ses	Main sessions         Symposia         Master classes         Workshops         Other Events         Social program						

# 09:00-10:30

# Symposium 1: Research

Sibil Tschudin (CH)

# Symposium 2: LGBT & Family

Attitudes toward Korean transgenders from a recent survey of National Human Rights Commission *Chul-Min Lee (KR)* 

Psychosomatic Aspects of Fertility Preservation in Transgender Men and Women Dov Feldberg (IL)

Fear of Childbirth from a LGBTQ perspective *Klas Abrahamsson (SE)* 

# Master class 1: Pregnancy and Sleep disorders

Sleep disorders during pregnancy

Marta Blasco Alonso (ES)

Sleep changes during pregnancy and postpartum

Vesna Pirec (US)

# Workshop 1: Communicating bad news in Obstetrics

Jose Ramón Andérica Herrero (ES)

# 11:00-12:30

# Main Session 1: (Post) Pandemic World

The Impact on Women's Mental Health during times of Pandemic Mechthild Neises-Rudolf (DE)

Transfer of "Knowledge" (fake and facts) with regard to Covid-positive pregnancies and deliveries and the impact on delivering women and staff.

Barbara Maier (AT)

Perinatal Mental Health Care during and post COVID-19: Development and Implementation of Novel Technological Solutions to Support Pregnant and Postpartum Women *Maria Muzik (US)* 

# 14:00-15:30

# Symposium 3: Education and Improving psychosomatic POG worldwide

Training in psychosomatic obs/gyn worldwide Vivian Pramataroff-Hamburger (DE)

How to improve Psychosomatic Obstetrics and Gynecology worldwide? Heribert Kentenich (DE)

# Symposium 4: Mind & Hormones

Biopsychosocial factors related to PMS/PMDD Tamaki Matsumoto (JP)

Menopause and mood Mariko Ogawa (JP)

Menopause and mental health Masakazu Terauchi (JP)

#### **Workshop 2: Counselling in Reproductive Medicine**

Tewes Wischmann (DE)

# 16:00-17:30

# Main session 2: Pregnancy and childbirth

Tocophobia – Novel therapeutic regimen *Gabi Aisenberg Romano (NL)* 

Peripartum mental disorders and enhancement of mother-child bonding Kerstin Weidner (DE)

#### 20:00

# Town hall reception

The participants of our congress will be welcomed in the historic City Hall of the City of Vienna. free of charge, registration required

# Friday July 15, 2022

09:00 - 10:30	Main Session 3* Trauma and Childbird	:h						
10:30 - 11:00	Coffee break							
11:00 - 12:30	Symposium 5 Psycho-oncology		laster class 2 ecision aids		Master class 3 Eating disorders			
12:30 - 14:00	Lunch break							
14:00 - 15:30	Oral presentation 1	0	ral presentation 2		Oral presentation 3			
15:30 - 16:00	Coffee break							
16:00 - 17:30	ISPOG Diamond Ju Reminiscenses*	bilee						
19:30	30 Social evening							
* This event will be broadcast online.								
Main ses	Main sessions Symposia Master classes Workshops Other Events Social pro					Social program		

# 09:00-10:30

# Main Session 3: Trauma & Childbirth

Trauma and Childbirth

Mariëlle van Pampus (NL)

Impact of traumatic childbirth on the whole family and development of brief interventions to combat this Antje Horsch (CH)

Termination of pregnancy for foetal malformation: a traumatic event. Qualitative analysis of women's perception

Katharina Leithner-Dziubas (AT)

#### 11:00-12:30

# **Symposium 5: Psycho-oncology**

Hysteroscopy: a psychosomatic approach

David Gómez Sánchez (ES)

Psychosocial aspect of obesity and gynecologic cancers

Chul-Min Lee (KR)

# Master class 2: Decision aids

The title will follow Sibil Tschudin (CH)

Decision aids

Verena Ehrbar (CH)

# **Master class 3: Eating disorders**

Eating disorders among middle-aged women in Japan *Mariko Ogawa (JP)* 

Eating Disorders and Disorder Eating: Reproductive Issues Vesna Pirec (US)

14:00-15:30

Oral presentation 1

Oral presentation 2

**Oral presentation 3** 

16:00-17:30

**ISPOG Diamond Jubilee Reminiscences** 

17:30-19:00

**ISPOG General assembly** 

19:30

# Social evening

We are looking forward to an evening together with you and the other participants of the congress in the oldest hotel in Vienna. After a delicious meal, there will be plenty of time for relaxed conversation and dancing.

Location: Hotel Stefanie Wien, Taborstraße 12, 1020 Vienna (Website: www.hotelstefanie.wien)

Cost: 60,- €/person (incl. buffet, without drinks), registration required



The ballroom of the Hotel Stefanie in Vienna

#### Saturday July 16, 2022

09:00 - 10:30	Main Session 4* Pregnancy and Covid-19					
10:30 - 11:00	Coffee break					
11:00 - 12:30	Symposium 6 Adolescence and womans'body	Master class 4 Digitalization in Obs/Gyn	Workshop 3 Moral deliberation in reproducktive medicine			
12:30 - 13:00	Closing ceremony*					

<sup>\*</sup> This event will be broadcast online.

#### 09:00-10:30

# Main Session 4: Pregnancy & Covid-19

Psychosomatic (-social) impact on SARS-Cov-2 positive and Covid-19 symptomatic pregnant and delivering women as well as on postpartum care of their newborns

Mirijam Hall (AT)

Addressing Disparities in Prenatal care via Telehealth During Covid-19: Experiences from East Harlem in New York City

Camille Clare (US)

Management of the Mental health crisis of women as long-lasting consequence of COVID-19: What worked-what was missing? – An Analysis of the European Federation of Psychologists Associations (EFPA) Beate Wimmer-Puchinger (AT)

Use of Telehealth due to COVID-19: Assessment of PMAD (Perinatal Mood and Anxiety Disorders) in the Virtual Setting

Kristine Norris (US)

# 11:00-12:30

#### Symposia 6: Adolescence & woman's body

Body Modification in Adolescence Ada Borkenhagen (DE)

Premenstrual Disorders in Adolescence *Takashi Takeda (JP)* 

# Master class 4: Digitalization in Obs/Gyn

Alternatives to healthcare delivery – Utilization of mood tracking apps to monitor PMAD symptoms *Kristine Norris (US)* 

Telehealth and the digital divide as a social determinant of health *Camille Clare (US)* 

# Workshop 3: Moral deliberation in reproductive medicine

Caroline Voss (NL)

# 12:30-13:00

Closing ceremony

Thank you for supporting our conventions to:



