



ISPOG
International Society of Psychosomatic
Obstetrics and Gynaecology

February 2018

Newsletter

Newsletter Editor Dr Heather Rowe
Logo based on painting by Omar Biscotti



President's Message

We are pleased to bring ISPOG members a new year 2018 edition of the Newsletter. It contains latest news about our next ISPOG congress in 2019, a call for contributions to our education platform, the announcement of the latest book publication, an auspicious award in

Japan, an update on congress activities in 2018 and again a call for information from our member societies.

The ISPOG 2019 congress:

Due to recent political developments and security concerns on the Korean Peninsula, the Board and some ISPOG members expressed reservations about holding the 2019 congress in Seoul as planned. It would indeed be unfortunate to have reduced numbers of delegates because people were deterred from visiting Seoul under the circumstances. The Board contacted all country representatives last Autumn to seek their opinions about this. The majority of respondents to the survey expressed the view that we should seek an alternative venue. The Board expressed these concerns and the opinions of members of ISPOG to our Korean colleagues. They considered and discussed them in their national society and eventually decided to withdraw their offer to hold the ISPOG congress 2019 in Seoul. This was a difficult decision for everyone, which we regret very much but, under the circumstances, we think it is the right one.

We very much appreciate the work that our Korean colleagues had already done in preparation for the congress and thank them for their continuing support. We hope that the congress can be held in Seoul in future.

With very best wishes for 2018 and in the hope to meet you soon in Budapest

Sibil Tschudin

ISPOG 2019 in the Netherlands

The Dutch working party on Psychosomatics in Obstetrics and Gynaecology is pleased to be of help to ISPOG in organizing the 19th ISPOG Congress in the Netherlands in 2019. As soon as possible, the date and venue for ISPOG 2019 will be announced.

Biopsychosocial Factors in Obstetrics and Gynaecology

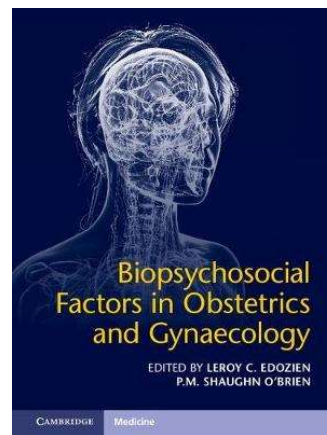
Publisher: Cambridge University Press

Publication date: August 2017

Online ISBN: 9781316341261

<https://doi.org/10.1017/9781316341261>

Edited by Leroy Edozien and PM Shaughn O'Brien



Biopsychosocial factors are integral to all aspects of healthcare but perhaps nowhere more so than in obstetrics, gynaecology and women's health. This is probably because so much of what occurs in the specialty involves dramatic, life-changing events -

from pregnancy and childbirth to menopause and malignancy. This book was planned to inform clinical care and improve the psychological element of women's healthcare. The content covers a wide spectrum of care, including chapters on all the major subspecialties. There are 41 chapters and the authors are from the UK, Switzerland, Canada, Australia, USA and Uruguay. The two editors, between them, have long-term and broad experience of writing and researching the areas covered in this text. Obstetricians, gynaecologists, midwives, psychiatrists, psychologists and those in many other areas of healthcare, including healthcare managers, should read this book. It is hoped that a distillate of its content will be incorporated in general and subspecialty training curricula to optimise the future care given to patients, partners and offspring.

Professor Fumi Horiguchi Receives Prestigious Tamada Award in Japan



On 29 July 2017, Professor Fumi Horiguchi, our esteemed Japanese colleague, was presented with the Tamada Award by Professor Hideo Honjo, President of JSPOG. The award is in recognition of Professor Horiguchi's wealth

of experience and her guidance of JSPOG and its members since the society's foundation. JSPOG honours Professor Horiguchi's significant achievements and expresses their gratitude. Members of ISPOG extend warm congratulations to Professor Horiguchi on this significant honour.

Update from Education Committee

We are continuing to collect modules for our education website that will help clinicians to become familiar with basic aspects of communication and evaluation of psychosomatic concerns. Modules may be instructional about a topic relevant to psychosomatics in general, or may describe a case that delves into a particular aspect of women's health, such as menopause or childbirth. Some samples of educational modules, along with instructions for formatting, are featured on the ISPOG website.

We invite any interested members to submit similar modules in the format described. Modules will be evaluated by a member of the Education Editorial Board with expertise in the topic.

Anyone interested in submitting a module for peer review and publication on the website should send an email to Jonathan.Schaffir@osumc.edu. The email should include your idea for a topic, a brief (2-3 sentence) description of the module and your contact information. Dr Schaffir will then be in contact with further instructions about the format and submission process. We hope that you enjoy visiting our website and learning more about psychosomatic ob/gyn!

The Global Alliance for Maternal Mental Health (GAMMH) website to be launched in March 2018

GAMMH is a coalition of international organisations committed to improving the mental health and well-being of women and their children around the world during pregnancy and the first year after birth. ISPOG is a founding member.

GAMMH's primary aim is to raise awareness of mental health problems to improve prevention, early identification and treatment. The initiative arises from the successful UK campaign [Maternal Mental Health-Everyone's Business](#). GAMMH will also seek to collaborate with other key initiatives including the 1001 Critical Days Initiative (UK). <http://www.1001criticaldays.co.uk//>

We will let you know when the GAMMH website goes live around the middle of March 2018. Please pass on this exciting news to SPOG members and colleagues in your country!

Membership Fees

Thank you to the country representatives who have paid their country's 2017 membership fees. Please contact Dr Vivian Pramataroff-Hamburger, ISPOG Treasurer at treasurer@ispog.org for further information about ISPOG 2018 membership and how to pay.

Call for local information for ISPOG website

Please send details of local activities (POG meetings, courses, collaborations, conferences, etc.) in your country.

To advertise your events on the ISPOG website please forward the information to the ISPOG Secretariat Bianca Scarlett at admin@ispog.org.au



ExCo Meeting at the ESC Congress Budapest 9-12 May 2018

ExPo Congress Hotel
Thursday 10 May 2018
1430 – 1830

<http://www.escrh.eu/15th-esc-congress>

ExCo Dinner

Thursday 10 May 2018
1930, we will send details of the venue soon

ISPOG contributions to ESC Congress May 2018 in Budapest

<http://www.escrh.eu/15th-esc-congress>

Pre-congress Workshop:

Wednesday 9 May 2018, 1500-1745

How to prevent and minimise contraceptive failure - The psychosomatic perspective and approach'

Chairs / Facilitators:

Heather Rowe, Australia

Sibil Tschudin, Switzerland

Symposium:

Thursday 10 May 2018, 1215-1345

'Good peri-abortion care from a bio-psycho-social perspective'

Presentations / speakers:

- 'Peri-abortion care: When is it too much and when too little?'
Sibil Tschudin, Basel Switzerland
- 'What are women's emotional needs? - Evidence and practice'
Heather Rowe, Melbourne Australia
- 'Implications for training'
Marieke Paarlberg, Apeldoorn The Netherlands

ISPOG Activities

ISPOG continues to be active in other societies, including in contributions on behalf of ISPOG at congresses in 2018

EBCOG Paris 8-10 March 2018

<http://www.ebcog2018.org/>

- **Masterclass:** 'Counselling and care for patients with sexual problems'
Johannes Bitzer, Vivian- Pramataroff-Hamburger
- **Session on psychosomatics:** 'The psychosocial perspective of teenage pregnancies' and 'Psychosocial issues of fertility preservation and implications for counselling'
Sibil Tschudin

International Marcé Society for Perinatal Mental Health Bangalore (Bengaluru) India 26-28 September 2018

<http://www.marce2018.com/>

- **Pre congress workshop:** 'Prevention of burnout in professionals engaged in the field of perinatal care'
Heather Rowe and Sibil Tschudin
- **Symposium** (title to be confirmed)

FIGO XXII World Congress Rio

14-19 October 2018

<https://figo2018.org/>

- **Symposium:** Sexual and reproductive health – the bio-psycho-social perspective
- 'Sexuality in everyday gynaecological practice - the language of the somatic symptoms'
Johannes Bitzer
- 'Termination of pregnancy: Impact on well-being and sexuality and resulting preventive strategies'
Sibil Tschudin
- 'Epigenetics, reproductive health and psychosocial wellbeing'
Leroy Edozien
- 'The relationship between mode of delivery and sexual health outcomes after childbirth'
Alexandre Faisal Cury

ISPOG Member Events

DGPFG

16-17 March 2018

Westend Berlin

Germany

<https://dgpfg.de/weiterbildung/jahrestagung-dgpfg-2018/>

2018 NASPOG Biennial Meeting

20-22 April 2018

Philadelphia, PA

USA

<http://www.naspog.org/index.php/biennial-meeting>

ASPOG 2018 Annual Scientific Meeting

2-4 August 2018

Western Sydney University, Parramatta CBD,
Sydney

Australia

<https://aspog.org.au/current-conference/>